








Safety and health

Exercise 1: Match the following personal protective equipment with the part of the body that they protect. Then answer the questions and talk about it with your friend. Połącz poniższe środki ochrony osobistej z częściami ciała, które chronią. Potem odpowiedz na pytania i porozmawiaj z kolegą lub koleżanką.

(1) hard hat	A 	apron (8)
(2) safety gloves	B 	ear muffs (9)
(3) safety boots	C 	work boots (10)
(4) rubber gloves	D 	goggles (11)
(5) safety glasses	E 	face shield (12)
(6) ear plug	F 	respirator (13)
(7) mask	G 	coveralls (14)

1. How important is wearing the personal protective equipment?
2. Do you wear this kind of equipment at work?
3. What kind of equipment should a nurse, a police officer and a builder wear?
4. What do you think about people who do not protect themselves at work?

Exercise 2: Match the situations with the types of incidents and symptoms or illnesses. Then write sentences using matched phrases. Połącz sytuacje z rodzajami incydentów oraz symptomów i chorób. Potem napisz zdania używając połączonych wyrażen.

Situations	Incidents	Symptoms and illnesses
hole in the floor	fall	broken bones
wet floor	slip	ankle sprain
broken step	trip	death
cord across the walkway	burn	backache
very hot object	poisoning	burns
toxic materials		dizziness
		vomiting
		headache
		sore eyes
		cough

e.g. *There is a whole in the floor. Someone could fall down and break bones or sprain his/her ankle.*

Exercise 3: Find the words in the wordsearch. Then fill the gaps in the sentences. Znajdź słowa w wykreślanie. Potem uzupełnij luki w zdaniach.

Q	W	Z	E	A	R	P	L	U	G	G	H
E	F	A	C	E	S	H	I	E	L	D	X
S	A	F	E	T	Y	G	L	O	V	E	S
M	G	H	J	M	N	B	Q	E	Q	W	A
A	Z	V	R	E	P	O	I	U	B	G	F
S	S	H	A	R	D	H	A	T	A	O	E
K	D	F	H	E	I	O	X	X	P	G	T
A	B	C	Q	W	G	H	I	J	R	G	Y
E	A	R	M	U	F	F	S	D	O	L	B
B	N	M	L	P	Q	S	C	V	N	E	O
C	V	D	T	Y	X	M	L	K	L	S	O
C	O	V	E	R	A	L	L	S	Q	Q	T
T	Y	U	I	O	P	D	F	F	B	N	S

1. If you do not want to dirty your clothes, put on a(n) _____, it helps to protect your clothes.
2. Before you get the building site, get _____ on, it protects your head.
3. Wearing _____ is very important if you don't want to injure your hands.
4. People who work as welders have to wear _____ - it's one of the most important equipment.
5. Not only factory workers have to wear _____, but also doctors and vets.

6. There is a lot of dust, so it's better to wear a _____ - it is a kind of equipment that protect your nose and mouth.
7. _____ is a kind of protection equipment that protects your ears but it's bigger than _____.
8. Some people wear _____ to protect their eyes.
9. If you don't wear _____, your feet can be injured, especially when heavy thing falls on your feet.

Exercise 4: Fill in the gaps in the sentences (in column A) using one of the words from the box. Change the form if necessary. Then match the sentences from column A with the sentences in column B. Uzupełnij luki w zdaniach (w kolumnie A) używając jednego ze słów z tabelki. Zmień formę jeśli jest to konieczne. Potem połącz zdania z kolumny A ze zdaniami z kolumny B.

Column A**Column B**

fray noise wet dust good slip

1. The light at your desk is not very _____,
so you often have sore eyes.
2. The plug on your power tool is _____.
3. Your area is very _____.
4. Your area is very _____. I can't hear you.
5. The floor is _____ and _____.

- a. You need to protect your ears.
- b. You need a better lamp.
- c. I'm afraid you will slip.
- d. You have to wear a mask.
- e. You do not think it is safe.

Safety and health – answer key

Exercise 1.

A – 8, 14 B – 6, 9 C – 5, 11 D – 7, 13 E – 3, 10 F – 1, 12 G – 2, 4

Exercise 2.

There is a wet floor. Someone could slip and have a backache or ankle sprain.

There is a broken step. Someone could fall and break bones.

There is a cord across the walkway. Someone could trip and break bones or sprain his/her ankle.

There is a very hot object. Someone could burn and have burns.

There are toxic materials. Someone could have poisoning and have dizziness, vomiting, headache, sore eyes and cough.

Exercise 3.

Q	W	Z	E	A	R	P	L	U	G	G	H
E	F	A	C	E	S	H	I	E	L	D	X
S	A	F	E	T	Y	G	L	O	V	E	S
M	G	H	J	M	N	B	Q	E	Q	W	A
A	Z	V	R	E	P	O	I	U	B	G	F
S	S	H	A	R	D	H	A	T	A	O	E
K	D	F	H	E	I	O	X	X	P	G	T
A	B	C	Q	W	G	H	I	J	R	G	Y
E	A	R	M	U	F	F	S	D	O	L	B
B	N	M	L	P	Q	S	C	V	N	E	O
C	V	D	T	Y	X	M	L	K	L	S	O
C	O	V	E	R	A	L	L	S	Q	Q	T
T	Y	U	I	O	P	D	F	F	B	N	S

1. apron 2. hard hat 3. safety gloves 4. face shield 5. coveralls 6. mask 7. ear muffs, ear plug 8. goggles 9. safety boots

Exercise 4.

1. good – B 2. frayed – E 3. dusty – D 4. noisy – A 5. wet, slippery – C